



## 2. Exercise Sheet 2

Upload: 22.04.2026

Deadline: 29.04.2026, 13:15 Uhr

### Exercise 2.1 ( 3 + 3 )

Let  $(\mathcal{H}, \langle \cdot | \cdot \rangle_{\mathcal{H}})$  be a separable, infinite-dimensional complex Hilbert space with orthonormal bases  $B_1 := \{\varphi_n\}_{n=1}^{\infty}$ ,  $B_2 := \{\psi_n\}_{n=1}^{\infty} \subseteq \mathcal{H}$ , and let  $A \in \mathcal{B}(\mathcal{H})$  be a bounded operator on  $\mathcal{H}$ .

(a) Show that

$$\|A\|_{B_1}^2 := \sum_{n=1}^{\infty} \|A\varphi_n\|^2 < \infty \iff \|A\|_{B_2}^2 := \sum_{n=1}^{\infty} \|A\psi_n\|^2 < \infty,$$

and that in this case

$$\|A\|_{B_1} = \|A\|_{B_2}.$$

(b) Let the set of Hilbert-Schmidt operators on  $\mathcal{H}$  be defined by

$$\mathcal{L}^2(\mathcal{H}) := \{A \in \mathcal{B}(\mathcal{H}) \mid \|A\|_{B_1} < \infty\}.$$

Show that

$$(\mathcal{L}^2(\mathcal{H}), \langle \cdot | \cdot \rangle_{\mathcal{L}^2})$$

is a separable, infinite-dimensional complex Hilbert space, where

$$\forall A, B \in \mathcal{L}^2(\mathcal{H}) : \langle A | B \rangle_{\mathcal{L}^2} := \sum_{n=1}^{\infty} \langle A\varphi_n | B\varphi_n \rangle_{\mathcal{H}}.$$

### Solution.

(a) Let us first show that  $\|A\|_{B_1} < \infty$  implies  $\|A^*\|_{B_1} < \infty$ . Since  $\{\varphi_n\}$  is an orthonormal basis, for all  $\varphi \in \mathcal{H}$  one has

$$\|\varphi\|^2 = \sum_{m=1}^{\infty} |\langle \varphi_m | \varphi \rangle|^2. \quad (1)$$

Using Eq. (1), one obtains

$$\begin{aligned} \sum_{n=1}^{\infty} \|A^*\varphi_n\|^2 &= \sum_{n=1}^{\infty} \sum_{m=1}^{\infty} |\langle \varphi_m | A^*\varphi_n \rangle|^2 = \sum_{n=1}^{\infty} \sum_{m=1}^{\infty} |\overline{\langle \varphi_m | A^*\varphi_n \rangle}|^2 \\ &= \sum_{n=1}^{\infty} \sum_{m=1}^{\infty} |\langle \varphi_n | A\varphi_m \rangle|^2 = \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} |\langle \varphi_n | A\varphi_m \rangle|^2 \\ &= \sum_{m=1}^{\infty} \|A\varphi_m\|^2. \end{aligned} \quad (2)$$

This proves the claim. Moreover, note that  $\|A\|_{B_1} = \|A^*\|_{B_1}$ . Using Eq. (1), one obtains

$$\begin{aligned} \sum_{n=1}^{\infty} \|A\psi_n\|^2 &= \sum_{n=1}^{\infty} \sum_{m=1}^{\infty} |\langle \varphi_m | A\psi_n \rangle|^2 = \sum_{n=1}^{\infty} \sum_{m=1}^{\infty} |\overline{\langle \varphi_m | A\psi_n \rangle}|^2 \\ &= \sum_{n=1}^{\infty} \sum_{m=1}^{\infty} |\langle \psi_n | A^* \varphi_m \rangle|^2 = \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} |\langle \psi_n | A^* \varphi_m \rangle|^2 \\ &= \sum_{m=1}^{\infty} \|A^* \varphi_m\|^2. \end{aligned} \quad (3)$$

Eqs. (2) and (3) imply the result.

- (b) Let us fix an orthonormal basis  $\{\varphi_n\}_{n=1}^{\infty}$ . Let  $A, B \in \mathcal{L}^2(\mathcal{H})$ . Applying the Cauchy–Schwarz inequality to the sequences  $\{\|A\varphi_n\|\}$  and  $\{\|B\varphi_n\|\}$  (which belong to  $\ell^2(\mathbb{N})$ ), one obtains

$$\sum_{n=1}^{\infty} \|A\varphi_n\| \|B\varphi_n\| \leq \|A\|_{\mathcal{L}^2(\mathcal{H})} \|B\|_{\mathcal{L}^2(\mathcal{H})}. \quad (4)$$

Since

$$\|(A+B)\varphi_n\|^2 = \|A\varphi_n\|^2 + \langle A\varphi_n, B\varphi_n \rangle + \langle B\varphi_n, A\varphi_n \rangle + \|B\varphi_n\|^2,$$

using the Cauchy–Schwarz inequality and Eq. (4), one obtains

$$\begin{aligned} \sum_{n=1}^{\infty} \|(A+B)\varphi_n\|^2 &\leq \sum_{n=1}^{\infty} \|A\varphi_n\|^2 + 2\|A\varphi_n\| \|B\varphi_n\| + \sum_{n=1}^{\infty} \|B\varphi_n\|^2 \\ &\leq \|A\|_{\mathcal{L}^2(\mathcal{H})}^2 + 2\|A\|_{\mathcal{L}^2(\mathcal{H})} \|B\|_{\mathcal{L}^2(\mathcal{H})} + \|B\|_{\mathcal{L}^2(\mathcal{H})}^2. \end{aligned} \quad (5)$$

Eq. (5) implies that  $A+B \in \mathcal{L}^2(\mathcal{H})$ . Clearly,  $\mathcal{L}^2(\mathcal{H})$  is closed under scalar multiplication and  $0 \in \mathcal{L}^2(\mathcal{H})$ . Therefore,  $\mathcal{L}^2(\mathcal{H})$  is a vector subspace of  $\mathcal{B}(\mathcal{H})$ .

Moreover, if  $\varphi \in \mathcal{H}$  and  $A \in \mathcal{L}^2(\mathcal{H})$ , then

$$\|A\varphi\|^2 = \sum_{n=1}^{\infty} |\langle \varphi_n | A\varphi \rangle|^2 = \sum_{n=1}^{\infty} |\langle A^* \varphi_n | \varphi \rangle|^2 \leq \|\varphi\|^2 \sum_{n=1}^{\infty} \|A^* \varphi_n\|^2 = \|A\|_{\mathcal{L}^2(\mathcal{H})}^2 \|\varphi\|^2. \quad (6)$$

Hence,

$$\|A\|_{\mathcal{B}(\mathcal{H})} \leq \|A\|_{\mathcal{L}^2(\mathcal{H})}. \quad (7)$$

Eq. (4) also implies

$$\sum_{n=1}^{\infty} |\langle A\varphi_n | B\varphi_n \rangle| \leq \sum_{n=1}^{\infty} \|A\varphi_n\| \|B\varphi_n\| \leq \|A\|_{\mathcal{L}^2(\mathcal{H})} \|B\|_{\mathcal{L}^2(\mathcal{H})} < \infty. \quad (8)$$

Thus, the inner product  $\langle \cdot | \cdot \rangle_{\mathcal{L}^2(\mathcal{H})}$  is well defined. It is clearly sesquilinear, positive definite, conjugate symmetric, and non-degenerate.

It remains to show that  $(\mathcal{L}^2(\mathcal{H}), \|\cdot\|_{\mathcal{L}^2(\mathcal{H})})$  is complete. Let  $\{A_n\}_{n=1}^{\infty}$  be a Cauchy sequence in  $\mathcal{L}^2(\mathcal{H})$ . Eq. (7) implies that  $\{A_n\}_{n=1}^{\infty}$  is also a Cauchy sequence in  $\mathcal{B}(\mathcal{H})$ . Since  $\mathcal{B}(\mathcal{H})$  is complete, there exists  $A \in \mathcal{B}(\mathcal{H})$  such that

$$\lim_{n \rightarrow \infty} \|A_n - A\|_{\mathcal{B}(\mathcal{H})} = 0. \quad (9)$$

In particular, for all  $\varphi \in \mathcal{H}$ ,

$$A\varphi = \lim_{n \rightarrow \infty} A_n \varphi. \quad (10)$$

We now show that  $A \in \mathcal{L}^2(\mathcal{H})$  and that  $\|A_n - A\|_{\mathcal{L}^2(\mathcal{H})} \rightarrow 0$ . Since  $\{A_n\}_{n=1}^{\infty}$  is a Cauchy sequence, it is bounded; hence,

$$\sup_{n \in \mathbb{N}} \|A_n\|_{\mathcal{L}^2(\mathcal{H})} < \infty. \quad (11)$$

By Fatou's lemma,

$$\sum_{k=1}^{\infty} \|A\varphi_k\|^2 = \sum_{k=1}^{\infty} \lim_{n \rightarrow \infty} \|A_n \varphi_k\|^2 \leq \liminf_{n \rightarrow \infty} \sum_{k=1}^{\infty} \|A_n \varphi_k\|^2 \leq \sup_{n \in \mathbb{N}} \|A_n\|_{\mathcal{L}^2(\mathcal{H})}^2 < \infty. \quad (12)$$

Hence,  $A \in \mathcal{L}^2(\mathcal{H})$ .

Again by Fatou's lemma,

$$\begin{aligned} \|A - A_n\|_{\mathcal{L}^2(\mathcal{H})}^2 &= \sum_{p=1}^{\infty} \|(A - A_n)\varphi_p\|^2 = \sum_{p=1}^{\infty} \lim_{m \rightarrow \infty} \|(A_m - A_n)\varphi_p\|^2 \\ &\leq \liminf_{m \rightarrow \infty} \sum_{p=1}^{\infty} \|(A_m - A_n)\varphi_p\|^2 \\ &= \liminf_{m \rightarrow \infty} \|A_m - A_n\|_{\mathcal{L}^2(\mathcal{H})}^2 \rightarrow 0, \quad n \rightarrow \infty. \end{aligned} \quad (13)$$

Therefore,  $\|A_n - A\|_{\mathcal{L}^2(\mathcal{H})} \rightarrow 0$ , and  $(\mathcal{L}^2(\mathcal{H}), \|\cdot\|_{\mathcal{L}^2(\mathcal{H})})$  is complete.

### Exercise 2.2 (3 + 3 + 3)

Let  $(\mathcal{H}, \langle \cdot | \cdot \rangle_{\mathcal{H}})$  be a separable, infinite-dimensional complex Hilbert space, and let  $j : \mathcal{H} \rightarrow \mathcal{H}^*$  be defined by  $\psi \mapsto j[\psi]$ , where  $j[\psi](\varphi) = \langle \psi | \varphi \rangle$  for all  $\varphi \in \mathcal{H}$ .

(a) Show that  $(\mathcal{H}^*, \langle \cdot | \cdot \rangle_{\mathcal{H}^*})$  with

$$\langle j[\psi_1] | j[\psi_2] \rangle_{\mathcal{H}^*} := \langle \psi_2 | \psi_1 \rangle_{\mathcal{H}}$$

is a complex Hilbert space and that  $j : \mathcal{H} \rightarrow \mathcal{H}^*$  is an anti-unitary isomorphism.

(b) Show that

$$(\mathcal{L}^2(\mathcal{H}), \langle \cdot | \cdot \rangle_{\mathcal{L}^2})$$

is isomorphic as a Hilbert space to

$$(\mathcal{H} \otimes \mathcal{H}^*, \langle \cdot | \cdot \rangle_{\mathcal{H} \otimes \mathcal{H}^*})$$

where the inner product on  $\mathcal{H} \otimes \mathcal{H}^*$  is defined by linear, continuous extension of

$$\langle \varphi_1 \otimes \psi_1 | \varphi_2 \otimes \psi_2 \rangle_{\mathcal{H} \otimes \mathcal{H}^*} := \langle \varphi_1 | \varphi_2 \rangle_{\mathcal{H}} \cdot \langle \psi_1 | \psi_2 \rangle_{\mathcal{H}^*}.$$

(c) Let  $\mathcal{H} := L^2(\mathbb{R}^3)$  and  $a : \mathbb{R}^3 \times \mathbb{R}^3 \rightarrow \mathbb{C}$  be a measurable function. Define

$$[A\varphi](x) := \int a(x, y) \varphi(y) d^3y, \quad \varphi \in \mathcal{D}.$$

Show that

$$A \in \mathcal{L}^2(\mathcal{H}) \iff a \in L^2(\mathbb{R}^3 \times \mathbb{R}^3),$$

and in this case

$$\|A\|_{\mathcal{L}^2(\mathcal{H})} = \|a\|_{L^2(\mathbb{R}^3 \times \mathbb{R}^3)}.$$

## Solution.

(a) Let us show that  $j$  is an isomorphism. If  $j[h] = 0$ , then

$$\|h\|^2 = \langle h | h \rangle = j[h](h) = 0. \quad (14)$$

Hence  $h = 0$ , which proves that  $j$  is injective.

Let  $\varphi \in \mathcal{H}^*$ . By the Riesz representation theorem, there exists  $h \in \mathcal{H}$  such that  $\varphi(f) = \langle h | f \rangle$ . Then  $j[h](f) = \langle h | f \rangle = \varphi(f)$ , which implies  $j[h] = \varphi$ . Thus,  $j$  is surjective. It is clear that  $j$  is linear, hence  $j$  is an isomorphism.

It is easy to see from the definition that the inner product is conjugate symmetric, sesquilinear, and positive definite. Moreover, since  $j$  is an isomorphism, the inner product is non-degenerate. Using that

$$\|j[h]\|_{\mathcal{H}^*} = \|h\|_{\mathcal{H}}, \quad (15)$$

and that  $j$  is an isomorphism, it follows that  $(\mathcal{H}^*, \langle \cdot | \cdot \rangle_{\mathcal{H}^*})$  is complete. By definition of the inner product, one obtains

$$\langle j[h] | j[f] \rangle_{\mathcal{H}^*} = \langle f | h \rangle_{\mathcal{H}} = \overline{\langle h | f \rangle_{\mathcal{H}}}. \quad (16)$$

(b) For all  $(h, \varphi) \in \mathcal{H} \times \mathcal{H}^*$ , define the linear operator  $B(h, \varphi)$  by

$$B(h, \varphi) : \mathcal{H} \rightarrow \mathcal{H}, \quad B(h, \varphi)f = \varphi(f)h.$$

For all  $f \in \mathcal{H}$  one has

$$\|B(h, \varphi)f\| = \|\varphi(f)h\| \leq \|h\| \|\varphi\| \|f\|. \quad (17)$$

Thus,  $B(h, \varphi) \in \mathcal{B}(\mathcal{H})$  is bounded and  $\|B(h, \varphi)\|_{op} \leq \|h\| \|\varphi\|$ .

Moreover, for an orthonormal basis  $\{h_n\}$  of  $\mathcal{H}$  one has

$$\sum_{n=1}^{\infty} \|B(h, \varphi)h_n\|^2 = \sum_{n=1}^{\infty} |\varphi(h_n)|^2 \|h\|^2 = \|h\|^2 \sum_{n=1}^{\infty} |\langle j^{-1}[\varphi] | h_n \rangle|^2 = \|h\|^2 \|\varphi\|^2. \quad (18)$$

Hence  $B(h, \varphi) \in \mathcal{L}^2(\mathcal{H})$ .

Moreover, if  $h, f \in \mathcal{H}$  and  $\varphi, \psi \in \mathcal{H}^*$ , then

$$\begin{aligned} \langle B(h, \varphi) | B(f, \psi) \rangle_{\mathcal{L}^2(\mathcal{H})} &= \sum_{n=1}^{\infty} \langle B(h, \varphi)h_n | B(f, \psi)h_n \rangle = \langle h | f \rangle \sum_{n=1}^{\infty} \overline{\varphi(h_n)} \psi(h_n) \\ &= \langle h | f \rangle \sum_{n=1}^{\infty} \langle j(h_n) | \psi \rangle_{\mathcal{H}^*} \langle \varphi | j(h_n) \rangle_{\mathcal{H}^*} \\ &= \langle h | f \rangle_{\mathcal{H}} \langle \varphi | \psi \rangle_{\mathcal{H}^*}. \end{aligned} \quad (19)$$

Consider the bilinear map

$$B : \mathcal{H} \times \mathcal{H}^* \rightarrow \mathcal{L}^2(\mathcal{H}), \quad (h, \varphi) \mapsto B(h, \varphi). \quad (20)$$

By the universal property of the (algebraic) tensor product, there exists a linear map

$$T : \mathcal{H} \otimes_{alg} \mathcal{H}^* \rightarrow \mathcal{L}^2(\mathcal{H}) \quad (21)$$

such that  $T(h \otimes_{alg} \varphi) = B(h, \varphi)$ , where  $\mathcal{H} \otimes_{alg} \mathcal{H}^*$  denotes the tensor product as a vector space.

Moreover, if  $v = \sum_j \lambda_j h_j \otimes_{alg} \varphi_j$  and  $w = \sum_i \beta_i f_i \otimes_{alg} \psi_i$ , then

$$\begin{aligned} \langle T(v) | T(w) \rangle_{\mathcal{L}^2(\mathcal{H})} &= \sum_{i,j} \bar{\lambda}_j \beta_i \langle B(h_j, \varphi_j) | B(f_i, \psi_i) \rangle_{\mathcal{L}^2(\mathcal{H})} = \sum_{i,j} \bar{\lambda}_j \beta_i \langle h_j | f_i \rangle \langle \varphi_j | \psi_i \rangle \\ &= \sum_{i,j} \bar{\lambda}_j \beta_i \langle h_j \otimes \varphi_j | f_i \otimes \psi_i \rangle = \langle v | w \rangle_{\mathcal{H} \otimes \mathcal{H}^*}. \end{aligned} \quad (22)$$

Thus,  $T$  is continuous and admits a continuous extension to  $\mathcal{H} \otimes \mathcal{H}^*$ . Denote this extension by

$$\tilde{T} : \mathcal{H} \otimes \mathcal{H}^* \rightarrow \mathcal{L}^2(\mathcal{H}). \quad (23)$$

Eq. (22) implies that

$$\langle \tilde{T}v | \tilde{T}w \rangle_{\mathcal{L}^2(\mathcal{H})} = \langle v | w \rangle_{\mathcal{H} \otimes \mathcal{H}^*}, \quad v, w \in \mathcal{H} \otimes \mathcal{H}^*. \quad (24)$$

In particular,  $\tilde{T}$  is an isometry, hence injective. It remains to show that  $\tilde{T}$  is surjective.

Let  $A \in \mathcal{L}^2(\mathcal{H})$  be a Hilbert–Schmidt operator and let  $\{h_n\}_{n=1}^\infty$  be an orthonormal basis of  $\mathcal{H}$ . Define

$$v := \sum_{k=1}^\infty Ah_k \otimes j[h_k] \in \mathcal{H} \otimes \mathcal{H}^*. \quad (25)$$

This series converges since

$$\sum_{k=1}^\infty \|Ah_k \otimes j[h_k]\|^2 = \sum_{k=1}^\infty \|Ah_k\|^2 = \|A\|_{\mathcal{L}^2(\mathcal{H})}^2 < \infty. \quad (26)$$

Moreover, for all  $f \in \mathcal{H}$ ,

$$\begin{aligned} \tilde{T}(v)f &= \sum_{k=1}^\infty \tilde{T}(Ah_k \otimes j[h_k])f = \sum_{k=1}^\infty B(Ah_k, j[h_k])f \\ &= \sum_{k=1}^\infty j[h_k](f)Ah_k = \sum_{k=1}^\infty \langle h_k | f \rangle Ah_k \\ &= A \sum_{k=1}^\infty \langle h_k | f \rangle h_k = Af. \end{aligned} \quad (27)$$

Thus,  $\tilde{T}$  is surjective, hence an isomorphism of Hilbert spaces.

(c)  $\Rightarrow$  Let  $N$  be a null set such that for all  $x \in \mathbb{R}^3 \setminus N$  one has

$$a_x \in L^2(\mathbb{R}^3), \quad (28)$$

where

$$a_x(y) := a(x, y). \quad (29)$$

Fix  $x \in \mathbb{R}^3 \setminus N$ . Since  $a_x \in L^2(\mathbb{R}^3)$  and  $\{\varphi_n\}$  is an orthonormal basis, one has

$$\|a_x\|_{L^2(\mathbb{R}^3)}^2 = \sum_{n=1}^\infty |\langle \varphi_n | a_x \rangle|^2, \quad (30)$$

where

$$\langle \varphi_n | a_x \rangle = \int_{\mathbb{R}^3} a(x, y) \overline{\varphi_n(y)} dy = [A\overline{\varphi_n}](x). \quad (31)$$

By the monotone convergence theorem,

$$\begin{aligned} \sum_{n=1}^{\infty} \|A\overline{\varphi}_n\|_{L^2}^2 &= \int_{\mathbb{R}^3} \sum_{n=1}^{\infty} |[A\overline{\varphi}_n](x)|^2 dx = \int_{\mathbb{R}^3} \sum_{n=1}^{\infty} |\langle \varphi_n | a_x \rangle|^2 dx \\ &= \int_{\mathbb{R}^3} \|a_x\|_{L^2}^2 dx = \int_{\mathbb{R}^3} \int_{\mathbb{R}^3} |a(x, y)|^2 dy dx. \end{aligned} \quad (32)$$

Since  $A \in \mathcal{L}^2(\mathcal{H})$ , it follows that  $a \in L^2(\mathbb{R}^3 \times \mathbb{R}^3)$ .

$\Leftarrow$  If  $a \in L^2(\mathbb{R}^3 \times \mathbb{R}^3)$ , then by Fubini's theorem  $a_x \in L^2(\mathbb{R}^3)$  for a.e.  $x \in \mathbb{R}^3$ . Hölder's inequality implies that for all  $\varphi \in L^2(\mathbb{R}^3)$ ,

$$|[A\varphi](x)| \leq \int_{\mathbb{R}^3} |a(x, y)\varphi(y)| dy \leq \|a_x\|_{L^2} \|\varphi\|_{L^2}. \quad (33)$$

Using Eq. (33), one obtains

$$\int_{\mathbb{R}^3} |[A\varphi](x)|^2 dx \leq \|a\|_{L^2(\mathbb{R}^3 \times \mathbb{R}^3)} \|\varphi\|_{L^2(\mathbb{R}^3)}^2. \quad (34)$$

Thus,  $A$  is bounded. Moreover, Eq. (32) implies that  $A \in \mathcal{L}^2(\mathcal{H})$  and

$$\|A\|_{\mathcal{L}^2(\mathcal{H})} = \|a\|_{L^2(\mathbb{R}^3 \times \mathbb{R}^3)}.$$

### Exercise 2.3 ( 3 + 3 + 3 )

Let  $(\mathcal{H}, \langle \cdot | \cdot \rangle_{\mathcal{H}})$  be a separable, infinite-dimensional complex Hilbert space.

- Prove that  $\mathcal{L}^2(\mathcal{H}) \subseteq \text{Com}(\mathcal{H})$  holds.
- Let  $\mathcal{H} := L^2(\mathbb{R}^d)$  and  $V \in L^2(\mathbb{R}^d)$  with  $d \in \{1, 2, 3\}$ . Compute the integral kernel  $a$  of  $A := V(-\Delta + 1)^{-1} : \mathcal{H} \rightarrow \mathcal{H}$  and show that  $A \in \mathcal{L}^2(\mathcal{H})$ .
- Deduce that  $\sigma_{\text{ess}}(-\Delta + V) = \mathbb{R}_0^+$ .

### Solutions

- Let  $A \in \mathcal{L}^2(\mathcal{H})$ . We show that  $A$  is the limit of finite-range operators. Let  $\{\varphi_n\}$  be an orthonormal basis of  $\mathcal{H}$ , and consider the sequence of operators

$$A_n : \mathcal{H} \rightarrow \mathcal{H}, \quad A_n \varphi := \sum_{k=1}^n \langle \varphi_k | A\varphi \rangle \varphi_k, \quad n \in \mathbb{N}. \quad (35)$$

By definition,

$$\text{Ran}(A_n) = \langle \{\varphi_k : k = 1, \dots, n\} \rangle,$$

hence  $A_n$  is a finite-range operator. Moreover,

$$(A - A_n)\varphi = \sum_{k=1}^{\infty} \langle \varphi_k | A\varphi \rangle \varphi_k - \sum_{k=1}^n \langle \varphi_k | A\varphi \rangle \varphi_k = \sum_{k=n+1}^{\infty} \langle \varphi_k | A\varphi \rangle \varphi_k. \quad (36)$$

Using Eq. (36) and the Cauchy–Schwarz inequality, one obtains

$$\|(A - A_n)\varphi\|^2 = \sum_{k=n+1}^{\infty} |\langle \varphi_k | A\varphi \rangle|^2 \leq \|\varphi\|^2 \sum_{k=n+1}^{\infty} \|A^* \varphi_k\|^2. \quad (37)$$

This estimate, together with the fact that  $A^* \in \mathcal{L}^2(\mathcal{H})$ , implies

$$\|A - A_n\|_{\mathcal{B}(\mathcal{H})}^2 \leq \sum_{k=n+1}^{\infty} \|A^* \varphi_k\|^2 \rightarrow 0, \quad n \rightarrow \infty.$$

(b) Let

$$\mathcal{F} : L^2(\mathbb{R}^d) \rightarrow L^2(\mathbb{R}^d)$$

denote the unitary extension of the Fourier transform. For all  $f \in L^2(\mathbb{R}^d)$ , one has

$$\mathcal{F}(-\Delta + 1)^{-1} \mathcal{F}^* f = G \cdot f, \quad (38)$$

where  $G : \mathbb{R}^d \rightarrow \mathbb{R}$  is given by

$$G(x) = \frac{1}{\|x\|^2 + 1}. \quad (39)$$

Note that for  $d = 1, 2, 3$  one has  $G \in L^2(\mathbb{R}^d)$ . For  $f \in L^2(\mathbb{R}^d)$ , we write

$$V(-\Delta + 1)^{-1} f = V \mathcal{F}^* \mathcal{F}(-\Delta + 1)^{-1} \mathcal{F}^* \mathcal{F} f = V \mathcal{F}^* (G \cdot (\mathcal{F} f)). \quad (40)$$

Since  $G \in L^2(\mathbb{R}^d)$ , one has  $G \cdot (\mathcal{F} f) \in L^1(\mathbb{R}^d)$ , and thus  $\mathcal{F}^*(G \cdot (\mathcal{F} f)) \in L^\infty(\mathbb{R}^d)$ . Moreover,

$$\|V(-\Delta + 1)^{-1} f\|_{L^2} \leq \|V\|_{L^2} \|\mathcal{F}^*(G \cdot (\mathcal{F} f))\|_{L^\infty} \leq \|V\|_{L^2} \|G\|_{L^2} \|f\|_{L^2}. \quad (41)$$

Hence,  $V(-\Delta + 1)^{-1}$  is a bounded operator.

Moreover, for all  $f, g \in L^2(\mathbb{R}^d)$  one has the general identity

$$\mathcal{F}^*(fg) = \mathcal{F}^*(f) * \mathcal{F}^*(g). \quad (42)$$

Indeed, consider the maps

$$T_1, T_2 : L^2(\mathbb{R}^d) \times L^2(\mathbb{R}^d) \rightarrow L^\infty(\mathbb{R}^d), \quad T_1(f, g) = f * g, \quad T_2(f, g) = \mathcal{F}^*(\mathcal{F}(f)\mathcal{F}(g)).$$

Both  $T_1$  and  $T_2$  are continuous, and by the convolution theorem they coincide on the dense subspace  $\mathcal{S}(\mathbb{R}^d) \times \mathcal{S}(\mathbb{R}^d)$ . Hence  $T_1 = T_2$ , which proves (42).

Using Eqs. (40) and (42), one obtains

$$(V(-\Delta + 1)^{-1} f)(x) = V(x)((\mathcal{F}^* G) * f)(x) = \int_{\mathbb{R}^d} V(x)(\mathcal{F}^* G)(x - y) f(y) dy. \quad (43)$$

Thus,  $V(-\Delta + 1)^{-1}$  is an integral operator with kernel

$$a(x, y) = V(x)(\mathcal{F}^* G)(x - y).$$

Since  $G \in L^2(\mathbb{R}^d)$ , one has

$$\int_{\mathbb{R}^d} \int_{\mathbb{R}^d} |a(x, y)|^2 dx dy = \int_{\mathbb{R}^d} |V(x)|^2 dx \int_{\mathbb{R}^d} |(\mathcal{F}^* G)(y)|^2 dy = \|V\|_{L^2}^2 \|G\|_{L^2}^2 < \infty. \quad (44)$$

Hence  $V(-\Delta + 1)^{-1} \in \mathcal{L}^2(\mathcal{H})$ .

(c) By parts (a) and (b), one has  $V(-\Delta + 1)^{-1} \in \text{Com}(\mathcal{H})$ . Moreover,  $H^2(\mathbb{R}^d) \subset \mathcal{D}_V$ . Indeed, if  $f \in H^2(\mathbb{R}^d)$ , then  $W\mathcal{F}f \in L^2(\mathbb{R}^d)$  where  $W(x) = 1 + \|x\|^2$ . Since  $W^{-1} \in L^2(\mathbb{R}^d)$  for  $d = 1, 2, 3$ , one has

$$\mathcal{F}f = W^{-1} \cdot (W\mathcal{F}f) \in L^1(\mathbb{R}^d).$$

Hence  $f = \mathcal{F}^*(\mathcal{F}f) \in L^\infty(\mathbb{R}^d)$ . Therefore,

$$H^2(\mathbb{R}^d) \subset L^\infty(\mathbb{R}^d) \subset \mathcal{D}_V.$$

Since  $V : \mathbb{R}^d \rightarrow \mathbb{R}$  is symmetric, Theorem III.8 in the notes implies

$$[0, \infty) = \sigma_{\text{ess}}(-\Delta) = \sigma_{\text{ess}}(-\Delta + V). \quad (45)$$